

CanSkate Express Newsletter

February 2010



New Decade CanSkate

Parents of our CanSkaters will have noticed the evolving program over this season. The new format has been implemented to reflect some of the key points in the new training format Skate Canada is in the process of rolling out. We are calling the current format “New Decade CanSkate” to reflect our commitment to excellence as we begin a new era.

The program is designed to incorporate fun and teaching time. This is done with a fun zone station where various games or activities are played each week and two teaching zones. Teaching zone one is used for skills that require the length of the ice while skills that require a circle are positioned at the end of the ice. The preschool groups use the same format with the only difference being the use of only one teaching zone for all skills.

If you have any questions or comments about New Decade CanSkate, please contact Becky Ackerman at bedford_rec_ad@yahoo.com

CanSkater of the Month

February’s CanSkater of the Month is Renee Chen. Renee has passed stage 2, 3 and 4 in the past two years. She is always smiling and a pleasure to teach for all coaches. Congratulations Renee!



Badges Passed

Congratulations to the following skaters who have recently passed a badge:

Stage 1:

John Thompson
Nick Keith
Alexandra Gray
Keeley Wilson
Avery Gamble
Owen Williams
Jack Murphy
Zachary Feltham
Talor Balys
Alex Cochrane
Joel Fougere
Elyssa Spilman
Aidan Rogers

Stage 4:

Leina Comeau
Takumi Comeau

Stage 2:

Jack Norton
Mitch Owens
Ryan Stirling
Zoe Gower
Layanne Althagafi
Breanna Muise

Stage 3:

Storme McNeil
Leina Comeau
Sydney Bewsher
Sara Armstrong
Jack Armstrong
Aiden Foster

Spring Session Notice

Bedford Skating Club will *not* be holding spring sessions this year as a result of the Lebrun Centre closing early for renovations.

Halifax Skating Club, however, has agreed to accommodate as many Bedford skaters as possible.

Interested CanSkater parents can contact Sheila Rae Hillaby beginning Tuesday, March 2 at 443-1707 to see if there are spots available. The session will be badge 1-4 inclusive.

CanSkate Festival Cancelled

There will be no CanSkate Festival this year. A new format is being created to fit with Skate Canada’s new training model but will not be ready in time for a competition this year. The intent is to move forward with a competition under the new format next year.

Schedule Change

The club has been forced to change the date of the final Thursday skating session. It will now be on **Thursday, March 18** (March Break week) instead of Thursday, March 25. *CanSkate will run from 5 pm – 5:45 pm this day only.*

There is no change to the Tuesday session

Skater Safety

In the past few weeks we have had some safety concerns raised by the rink staff. We agree with the concerns and are therefore implementing the following rules:

1. Skaters and parents are **not permitted** in the players’ bench area while the zamboni is on the ice
2. Parents should not be sitting children on the edge of the boards
3. Parents are only to sit in the players’ bench area during lesson time if it is absolutely critical. If doing so, they are not to talk to skaters as it distracts them and they often then move into the area of a faster group, putting all skaters in potential danger